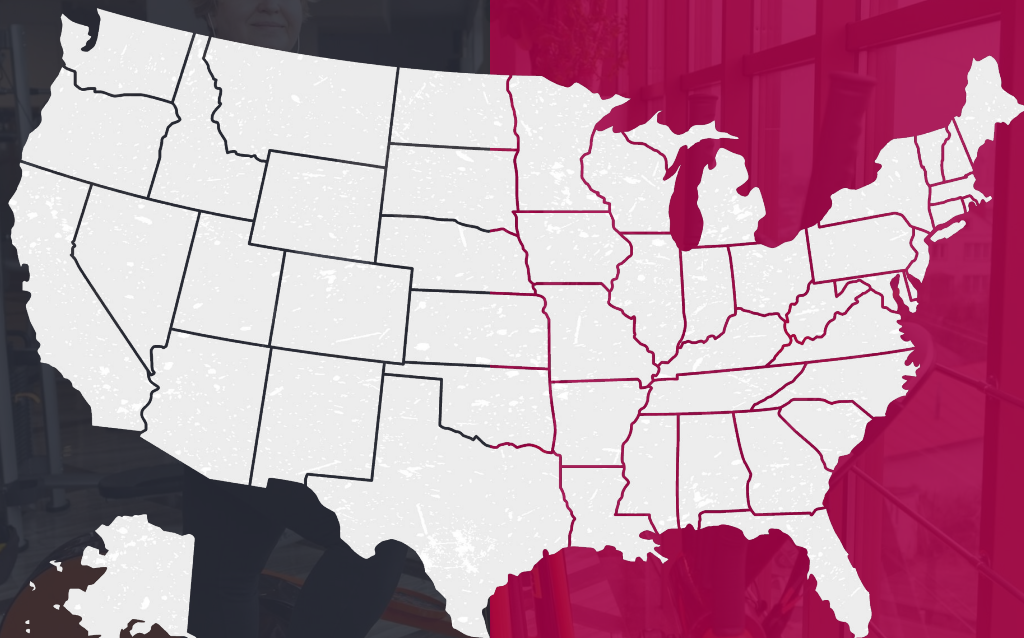


# IHRSA TIER COMPARISON RESOURCE



This resource is designed to compare tiered/phased COVID restrictions for businesses. The restrictions listed in each state are a brief summary. This list is a cross-section of states with tiered responses and not a comprehensive list. Please consult your state and local regulations for complete and up to date operational guidelines.

To help keep this resource up to date, please email [gr@ihrsa.org](mailto:gr@ihrsa.org) if you know of any changes to the information below.

**Most Recent Update: December 14, 2020**





# ARIZONA

## TIER

## RESTRICTIONS

Red (Substantial)

Closed

Yellow (Moderate)

25% occupancy, [with restrictions](#)

Green (Minimal)

25% occupancy, [with restrictions](#)



# CALIFORNIA

## TIER

## RESTRICTIONS

Purple (Widespread)

- Outdoor only with modifications
- Indoor pools, hot tubs, saunas, and steam rooms must close

Red (Substantial)

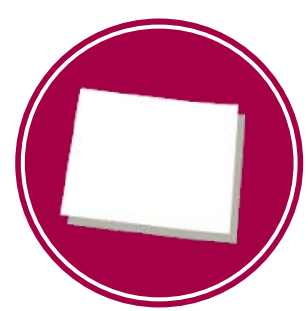
- Indoor, capacity must be limited to 10%
- Indoor pools, hot tubs, saunas, and steam rooms must close
- Climbing walls can open

Orange (Moderate)

- Capacity must be limited to 25%
- Indoor pools can open
- Indoor hot tubs, saunas, and steam rooms must close

Yellow (Minimal)

- Capacity must be limited to 50%
- Indoor pools, hot tubs, saunas, and steam rooms can open



# COLORADO

## TIER

## RESTRICTIONS

Purple (Extreme Risk)	Virtual, or outdoors in groups less than 10
Red (Severe Risk)	10% capacity, 10 individuals indoors per room, or outdoors in groups less than 10. Reservations required.
Orange (High Risk)	25% capacity, 25 individuals indoors, or outdoors in groups less than 10
Yellow (Concern)	25% capacity or 50 people
Blue (Caution)	25% capacity or 75 people
Green (Protect our Neighbors)	50% capacity or 500 people



# ILLINOIS

## TIER

## RESTRICTIONS

Tier 3	Suspend organized indoor and outdoor recreational activities
Tier 2	Suspend organized indoor recreational activities
Tier 1	Limit occupancy to 25% or 25 individuals, whichever is less



# MASSACHUSETTS

## TIER

## RESTRICTIONS

Phase 1	Outdoor fitness classes only
Phase 2	Outdoor fitness classes and one-on-one personal training by appointment only
Phase 3, Step 1	Health clubs, gyms and fitness centers can open at 40% capacity, <a href="#">with restrictions</a>
Phase 3, Step 2	Health clubs, gyms and fitness centers can open at 50% capacity, <a href="#">with restrictions</a>
Phase 4	Saunas, hot-tubs, steam rooms at health clubs, gyms, and other facilities can reopen



# NEW YORK

## TIER

## RESTRICTIONS

Red

All non-essential businesses must close

Orange

Gyms open at 25% capacity

Yellow

Open with restrictions





# PENNSYLVANIA

## TIER

## RESTRICTIONS

Red

Indoor fitness facilities must close

Yellow

Indoor fitness facilities must close

Green

Health clubs, gyms and fitness centers may open at 50% capacity



# UTAH

## TIER

## RESTRICTIONS

Red (High Restrictions)

Closed

Orange (Moderate Restrictions)

Open, limit capacity to ensure 10 feet of social distancing

Yellow (Low Restrictions)

Open, limit capacity to ensure 6 feet of social distancing

Green (Minimal Restrictions)

Open, screen customers for symptoms

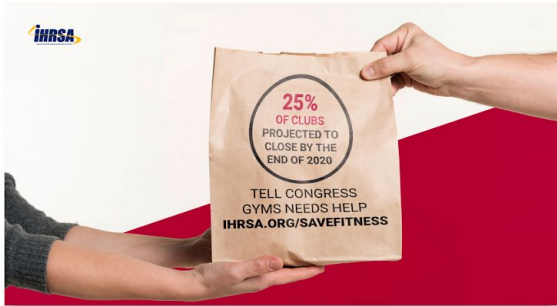


# WASHINGTON

## TIER

## RESTRICTIONS

Phase 1	Closed
Phase 2	Occupancy limited to 300 square feet per person (25% occupancy for buildings larger than 12,000 square feet)
Phase 3	Occupancy limited to 200 square feet per person (25% occupancy for buildings larger than 12,000 square feet)



TAKE ACTION HERE

OCTOBER 2, 2020

# IHRSA LAUNCHES PERSONALIZED CAMPAIGN FOR FITNESS PROFESSIONALS

Health and Fitness Industry Employees: Support the Health and Fitness Recovery Act (H.R.8485)! It has been more than six months since COVID rocked the health and fitness industry, and we have a long road to recovery ahead. Previous relief packages passed in Washington provided some assistance, but the relief was not available to all clubs, and what was, was not nearly enough for these businesses to survive.

IHRSA URGES FITNESS INDUSTRY TO ASK CONGRESS TO SUPPORT THE HEALTH & FITNESS RECOVERY ACT OF 2020

COVID-19 ECONOMIC RELIEF TIMELINE & THE FITNESS INDUSTRY



For the latest COVID-19 relief and grassroots campaigns to help the U.S. fitness industry, including an interactive timeline, visit [ihrsa.quorum.us/coronavirus](https://ihrsa.quorum.us/coronavirus)

