



Success By Association®

International Health, Racquet & Sportsclub Association

This document was updated by IHRSA on 5/3/21 to be used as a resource to compare mask requirements across the United States. **This document should be used for comparison purposes only.** Even if there is not a statewide requirement, sector specific guidance for gyms, health clubs, and fitness centers may require masks. Please consult your state and local regulations for complete and up to date operational guidelines.

Please email gr@ihrsa.org if you believe this chart to be incorrect or out of date.

Note: States which do not require a mask while exercising often require social distancing to be maintained without a mask. This chart only notes where social distancing must be increased without a mask.

State	Statewide Requirement	Required While Exercising	Notes
Alabama	No	No	
Alaska	No	No	
Arizona	No	No	
Arkansas	No	No	
California	Yes	Yes	
Colorado	Yes	Yes	
Connecticut	Yes	Yes	
Delaware	Yes	Yes	
Florida	No	No	Some localities require masks, but an Executive Order from the Governor barred any fines or penalties from being issued.
Georgia	No	No	
Hawaii	Yes	No	
Idaho	No	No	
Illinois	Yes	Yes	
Indiana	No	No	
Iowa	No	No	
Kansas	No	No	
Kentucky	Yes	Yes	
Louisiana	No	No	
Maine	Yes	Yes	
Maryland	Yes	Yes	
Massachusetts	Yes	Yes	
Michigan	Yes	Yes	
Minnesota	Yes	Yes	
Mississippi	No	No	
Missouri	No	No	
Montana	No	No	
Nebraska	No	No	
Nevada	Yes	Yes	
New Hampshire	No	No	
New Jersey	Yes	Yes	
New Mexico	Yes	Yes	
New York	Yes	Yes	
North Carolina	Yes	Yes	
North Dakota	No	No	
Ohio	Yes	No	
Oklahoma	No	No	
Oregon	Yes	Yes	
Pennsylvania	Yes	Yes	
Rhode Island	Yes	No	Increase distance to 14ft w/o mask
South Carolina	No	No	



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State	Statewide Requirement	Required While Exercising	Notes
South Dakota	No	No	
Tennessee	No	No	
Texas	No	No	
Utah	No	No	
Vermont	Yes	No	
Virginia	Yes	No	
Washington	Yes	No	
West Virginia	Yes	Yes	
Wisconsin	No	No	
Wyoming	No	No	
Washington DC	Yes	Yes	